

Healthy Rewards Benefit Catalog

APPLICABLE TO:

Alignment Health Plan My Choice (HMO) – 001
Alignment Health Plan My Choice (HMO) – 006
Alignment Health Plan My Choice (HMO) – 007
Alignment Health Plan CalPlus (HMO) – 009



Alignment Healthcare

ABOUT ALIGNMENT'S MEMBER REWARDS PROGRAM

As part of ACCESS On-Demand Concierge, Alignment Health Plan members of certain plans* can earn rewards for completing select wellness behaviors and preventive screenings, such as getting a flu shot, mammogram or diabetic eye exam.

Getting rewarded for healthy activities is easy!

- Complete wellness activity
- Reward dollars are loaded onto the ACCESS card
- Use reward dollars at participating retailers nationwide

Some examples of rewards-eligible health services include:

- ▶ Health Assessment Visit
- ▶ Diabetic Eye Exam
- ▶ Flu Shot
- ▶ Mammogram

***Benefit plans eligible to redeem rewards from this catalog include:**

Alignment Health Plan My Choice (HMO) -001
Alignment Health Plan My Choice (HMO) -006
Alignment Health Plan My Choice (HMO) -007
Alignment Health Plan CalPlus (HMO) -009

HOW TO USE YOUR ACCESS CARD **to buy eligible items:**

Step 1

Visit a Participating Retailer. You may use your card at any participating retailer listed on the next page. You do not need a prescription and do not need to go to the pharmacy window. Remember to take your card with you – you will need the card to pay for your eligible items. If you are unsure if an item is eligible for purchase, please ask the cashier to swipe your card to verify eligibility.

Step 2

Pay Cashier. Gather your eligible items and proceed to the store check-out lanes. When you check out, swipe the card for payment. Eligible items up to your available card balance can be paid for with your card. Any remaining balance will carry over until your next purchase.

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- ▶ This card cannot be used to pay for your prescription drug copays or anything else that is not on the list of eligible items in this letter. This list may change at any time without further notice. Limitations and restrictions may apply. Certain brands may not be available at all locations. Product availability is completely controlled by retailer.
 - ▶ Your reward dollars will expire at the end of the calendar year, and cannot be transferred from one year to another. However, please do not lose or throw away your card. Your card can be used to earn rewards in future years.
 - ▶ The card is not a credit card nor a gift card. Cash cannot be obtained using this card.
 - ▶ The card may not be loaned to other people. Eligible items may only be purchased for the personal use of the plan member. Purchases for family members or friends are not allowed.
 - ▶ To check your balance, please visit www.alignmenthealthplan.com and sign onto your member account.
 - ▶ If you have any questions about your ACCESS card or over-the-counter benefit, please contact your ACCESS concierge at 1-833-242-2223 (TTY 711), 24 hours a day, seven days a week.

USE YOUR **ACCESS** CARD TO TAP INTO YOUR REWARD DOLLARS



Your ACCESS card may be used at any participating retailer nationwide to purchase eligible items. You do not need a prescription and do not need to go to the pharmacy window. Gather your eligible items and proceed to the store check-out lanes. When you check out, swipe the card for payment. Eligible items up to your available card balance can be paid for with your card.

Please review the list below of eligible items that you can buy with your card. Eligible items up to your available balance can be paid for with this card. Any remaining balance will expire at the end of the year.

PARTICIPATING RETAILERS:



Questions? Call your ACCESS concierge at **1-833-242-2223 (TTY: 711)**

WELLNESS CATALOG CATEGORIES

ALTERNATIVE THERAPY PRODUCTS

Acupressure Products

Acupressure Products

Mixed/Miscellaneous Acupressure Products

Aromatherapy Products

Mixed/Miscellaneous Aromatherapy Products

Aromatherapy Products

Aromatherapy Products

Magnetic Therapy Products

Magnetic Therapy Products

Mixed/Miscellaneous Magnetic Therapy Products

Misc. Alternative Therapy Products

Mixed/Miscellaneous Alternative Therapy Products

BABY CARE

Baby Feeding Accessories

Bottles & Accessories

Breast Pumps & Nursing Accessories (Includes Nursing Pads & Creams)

Mixed/Miscellaneous (Includes Utensils, Cups, Bibs ,etc)

Nipples

Pacifiers & Accessories

Teethers

Baby Formula, Nutritionals, Electrolytes & Food

Baby Food

Electrolytes

Formula

Mixed/Miscellaneous Baby Formula, Nutritionals, Electrolytes & Food

Nutritionals

Baby Grooming

Cotton Swabs

Mixed/Miscellaneous Baby Grooming
Baby Health, Beauty & Wellness
Baby Bath & Hair Care
Baby Lotions & Creams
Baby Medicines
Baby Oil
Baby Oral & Teething Pain
Baby Powder
Baby Therapeutic Skin Care (includes diaper rash)
Mixed/Miscellaneous Baby Health, Beauty & Wellness
Baby Home & Mobility
Baby Mobility & Gear (Strollers, Carriers, Car Seats & Accessories)
Baby Room & Bathing
Baby Safety Devices
Mixed/Miscellaneous Baby Home & Mobility
Reusable Diapering & Potty Training (Bags, Pins & Pails)
Baby Layette
Baby Bedding
Baby Towels & Washcloths
Clothing, footwear
Mixed/Miscellaneous Baby Layette
Baby Toys & Activities
Baby Toys
Gyms & Play Stations
Mixed/Miscellaneous Baby Toys & Activities
Walkers, Jumpers & Swings
Disposable Diapers & Wipes
Diapers
Mixed/Miscellaneous Disposable Diapers & Wipes
Overnight Pants & Juvenile incontinence
Training Pants & Swimmers
Wipes & Flushables
BATTERIES
Hearing Aid Batteries
Hearing Aid Batteries

COLD & ALLERGY**Allergy**

Allergy Liquids

Allergy Nasal Sprays, Drops & Inhalers

Allergy Tabs & Caps

Mixed/Miscellaneous Allergy

Children's Cold & Allergy

Children's Allergy

Children's Cough, Cold, Flu & Sinus

Children's Nasal

Children's Throat & Cough Relief

Mixed/Miscellaneous Children's Cold & Allergy

Cough Drops, Sore Throat Relief

Mixed/Miscellaneous Cough Drops, Sore Throat Relief

Sore Throat Pain Relief

Throat & Cough Drops

Cough, Cold, Flu & Sinus

Cold & Flu Preventatives/Symptom Reducers

Cough, Cold, Flu & Sinus Liquids

Cough, Cold, Flu & Sinus Tabs & Caps

Mixed/Miscellaneous Cough, Cold, Flu & Sinus

Lip Care

Lip Moisturizers

Medicated Lip Treatments

Mixed/Miscellaneous Lip Care

Nasal

Decongestant Nasal Sprays, Drops & Inhalers

Mixed/Miscellaneous Nasal

Nasal Moisturizers & Washes

Nasal Strips, Dilators & Snore Relief

Respiratory Treatments

Asthma Preparations

Mixed/Miscellaneous Respiratory Treatments

Vapor Products (Includes Waterless Vaporizers)

Vaporizers, Humidifiers & Accessories

COMPRESSION SUPPORT

Athletic Compression

Athletic Compression Clothing

Athletic Compression Sleeves

Athletic Compression Socks

Mixed/Miscellaneous Athletic Compression

Low Compression (8-15mmHg)

Low Compression-Men's & Unisex Knee High (8-15 mmHg)

Low Compression-Men's & Unisex Thigh High (8-15 mmHg)

Low Compression-Waist High & Pantyhose (8-15 mmHg)

Low Compression-Women's Knee High (8-15 mmHg)

Low Compression-Women's Thigh High (8-15 mmHg)

Mixed/Miscellaneous Low Compression (8-15mmHg)

Mod-High Compression (Over 8-15mmHg)

Mixed/Miscellaneous Moderate to High Compression

Moderate to High Compression-Men's & Unisex Knee High

Moderate to High Compression-Men's & Unisex Thigh High

Moderate to High Compression-Sleeves, Garments & Lymphedema Treatments

Moderate to High Compression-Waist High & Pantyhose

Moderate to High Compression-Women's Knee High

Moderate to High Compression-Women's Thigh High

COSMETICS

Cosmetic Accessories & Implements

Accessories & Implements

DEODORANTS

Men's Deodorants

Men's Roll-Ons

Men's Solids & Gels

Men's Sprays

Mixed/Miscellaneous Men's Deodorants

Unisex Deodorants

Mixed/Miscellaneous Unisex Deodorants

Unisex Roll-ons

Unisex Solids & Gels
Unisex Sprays
Women's Deodorants
Mixed/Miscellaneous Women's Deodorants
Women's Roll-Ons
Women's Solids & Gels
Women's Sprays
DIABETES CARE
Blood Glucose Testing
Blood Glucose Testing Devices
Control Solutions
Lancets
Lancing Devices
Mixed/Miscellaneous Blood Glucose Testing
Test Strips
Continuous Glucose Monitoring
Continuous Glucose Monitoring Accessories
Devices & Transmitters
Mixed/Miscellaneous Continuous Glucose Monitoring
Sensors
Diabetes Care Accessories
Alcohol Swabs & Wipes
Mixed/Miscellaneous Diabetes Care Accessories
Sharps Containers & Supplies
Diabetes Health & Wellness
Diabetes Cough, Cold & Allergy
Diabetes Hosiery & Shoes
Diabetes Neuropathy & Skin Care
Diabetes Supplements
Mixed/Miscellaneous Diabetes Health & Wellness
Diabetes Nutritionals
Diabetes Candy
Diabetes Nutritional Bars
Diabetes Nutritional Liquids
Glucose Tablets, Gels, Etc.

Mixed/Miscellaneous Diabetes Nutritionals

Insulin, Syringes & Delivery Systems

Auto Injectors, Pens, Kits & Needles

Insulin Pumps

Mixed/Miscellaneous Insulin, Syringes & Delivery Systems

Syringes

Urine Testing

Mixed/Miscellaneous Urine Testing

Urine Test Strips

Urine Test Tabs

DIGESTIVE HEALTH
Anti-Diarrheals

Anti-Diarrheal Liquids

Anti-Diarrheal Tabs & Caps

Diarrhea-Related Oral Rehydration Therapy

Mixed/Miscellaneous Anti-Diarrheals

Anti-Gas

Anti-Gas

Mixed/Miscellaneous Anti-Gas

Children's Digestive Health

Children's Anti-Diarrheals

Children's Anti-Gas

Children's Prebiotics & Probiotics

Children's Stomach Remedies

Children's stool softeners, fiber laxatives, enemas, laxative suppositories

Mixed/Miscellaneous Children's Digestive Health

Digestive Aids

Digestive Health Prebiotics & Probiotics

Lactose Intolerance

Mixed/Miscellaneous Digestive Aids

Hemorrhoid Preparations

Hemorrhoid Treatments

Hemorrhoid Wipes & Washes

Mixed/Miscellaneous Hemorrhoid Preparations

Laxatives

Enemas, Laxative Suppositories, Kits, Etc.
Fiber Products
Laxative Liquids & combination stool-softener products
Mixed/Miscellaneous Laxatives
Non-liquid Laxatives (non-fiber) & combination stool-softener products
Stool Softeners

Stomach & Nausea Remedies

Acid Controllers
Antacid Liquids
Antacid Tabs & Caps
Mixed/Miscellaneous Stomach & Nausea Remedies
Multi-Symptom Products
Nausea & Motion Sickness

EYE & EAR CARE**Contact Lens Care**

Gas Permeable & Hard Lens Care
Mixed/Miscellaneous Contact Lens Care
Soft Lens Cleaners
Soft Lens Multi-Purpose Solutions
Soft Lens Rewetting Drops
Soft Lens Saline Solutions

Ear Care

Ear Drops & Syringes
Ear Plugs & Protection
Hearing Aids
Lipoflavonoids
Mixed/Miscellaneous Ear Care

Eye Preparations

Dry Eye Relief
Eye Relief Products
Eye Wash
Mixed/Miscellaneous Eye Preparations (Includes Sleep Masks)

Eyeglasses & Lens Accessories

Eyeglasses & Lens Accessories

Mixed/Miscellaneous Eyeglasses & Lens Accessories

Reading Glasses & Magnifying Glasses

Magnifying Glasses

Mixed/Miscellaneous Reading Glasses & Magnifying Glasses

Reading Glasses

Sunglasses & Accessories

Mixed/Miscellaneous Sunglasses & Accessories

Sunglasses

Sunglasses Accessories

FAMILY PLANNING

Condoms & Barrier Contraceptives

Female Condoms & Spermicides

Male Condoms

Mixed/Miscellaneous Condoms & Barrier Contraceptives

Oral Contraceptives

Emergency Contraceptives

Mixed/Miscellaneous Oral Contraceptives

Pregnancy & Ovulation/Fertility Tests & Support

Mixed/Miscellaneous Pregnancy & Ovulation/Fertility Tests & Support

Ovulation/Fertility Tests & Support

Pregnancy Tests

FEMININE CARE

Feminine Antifungal

Feminine Antifungal

Mixed/Miscellaneous Feminine Antifungal

Feminine Personal Care

Deodorants & Powders

Douches

Feminine Anti-Itch

Feminine Moisturizers

Mixed/Miscellaneous Feminine Personal Care

Wipes & External Washes

Feminine Protection

Feminine Pads

Mixed/Miscellaneous Feminine Protection

Pantliners

Tampons

FIRST AID

Antiparasitic Treatments

Lice Treatments & Accessories

Mixed/Miscellaneous Antiparasitic Treatments

Pinworm & Ringworm Treatments

Children's First Aid

Children's First Aid Dressings

Children's First Aid Treatments

Mixed/Miscellaneous Children's First Aid

First Aid Kits & Supplies

Finger Cots & Splints

First Aid Kits

Masks (Respiratory, Barrier etc.)

Mixed/Miscellaneous First Aid Kits & Supplies

First Aid Tapes & Adhesive Wraps

First Aid Tapes & Adhesive Wraps

Itch Treatments

Chronic Itch Treatments

General Itch Treatments

Jock Itch Treatments

Mixed/Miscellaneous Itch Treatments

Poison Ivy, Oak & Sumac Treatments

Protective Gloves

Protective Gloves

Wound & Surgical Dressings

Adhesive & Liquid Bandages

Alginate & Collagen Dressings

Foam Dressings

Gauze, Non-Stick & Absorbent Dressings

Hydrocolloid & Hydrogel Dressings
Mixed/Miscellaneous Wound & Surgical Dressings
Transparent Dressings
Wound Treatments & Skin Relief
Mixed/Miscellaneous Wound Treatments & Skin Relief (incl. witch hazel)
Scar Treatments
Skin Protectants (Includes Petroleum Jelly)
Topical Antibiotics & Antimicrobials
Wound, Burn & Skin Treatments (Includes Epsom Salt)
Wound Washes & Cleansers
Hydrogen Peroxide
Mixed/Miscellaneous Wound Washes & Cleansers
Povidone Iodine
Rubbing Alcohol
Saline Solutions & Sprays
FOOD & BEVERAGES
Beverages
Bottled Waters
Cocoa, Coffee & Tea (Dry or Liquid)
Dry and Liquid/Concentrated Drink Mixes
Enhanced Waters
Ice
Juice Blends, Drinks & Punches (inc. sparkling)
Juices (includes sparkling)
Sparkling Water
Sport Drinks - Gatorade & Others
Frozen Food
Fruits & Vegetables
Juices
Meats
Prepared Food (Stews, Pizza, Heat & Eat, Soy burgers)
Seafood
Non-Perishable Food
Baking/Cooking Supplies (Baking Powder, Yeast etc.)

Breakfast Foods (Toaster Pastries, Cereal Bars, Granola & Granola Bars)
Canned Meat
Canned Seafood
Canned/Jar Fruits and Vegetables incl. Salsa & non-processed Beans
Cereal (Hot & Cold), Pancakes & Waffles
Dried Fruit, Fruit Snacks
Dry Beans
Dry Mixes - Side Dish Mixes, Dinner Mixes
Dry Pasta
Flours, Cornmeal, Nut & Seed Flours, Bread/Biscuit Mixes
Jams, Jellies, Sweet Spreads, Syrup
Oils & Shortening
Peanut Butter (and other nut butters)
Prepared Food (Canned Stews, Heat & Eat)
Puddings & Gelatin
Rice & Whole Grains
Soup
Tomato/Spaghetti/Alfredo/Nutritionally Significant Sauce
Perishable Food
Bread, Rolls & Tortillas
Dairy - (Milk, Cheese, Butter, Sour Cream & Whipping Cream)
Margarine
Meats - Poultry, Ground Beef, Beef
Meats - Processed (Sausage, Jerky, Lunch Meat)
Produce (Fruits & Vegetables)
Ready-to-eat, Soups, Meals, Sandwiches
Seafood
Soy & Other Nut Milks
Whole Eggs & Egg Substitutes
Yogurt
Snacks & Desserts
Crackers
Nuts, Seeds & Trail Mix

FOOT CARE

Antifungal Treatments

Antifungal Creams & Liquids

Antifungal Powders

Antifungal Sprays

Mixed/Miscellaneous Antifungal Treatments

Nail Fungus Treatments

Foot Cushioning & Treatments

Corn & Callus Removers

Corn, Callus & Bunion Pads

Mixed/Miscellaneous Foot Cushioning & Treatments

Foot Grooming & Pain Relief

Foot Moisturizers, Exfoliators & Cleansers

Foot Pain Relief

Implements

Mixed/Miscellaneous Foot Grooming & Pain Relief

Odor & Wetness Treatments

Mixed/Miscellaneous Odor & Wetness Treatments

Odor & Wetness Powders

Odor & Wetness Sprays

Shoe Insoles & Inserts

Heel & Arch

Insoles

Mixed/Miscellaneous Shoe Insoles & Inserts

Wart Removers

Mixed/Miscellaneous Wart Removers

Wart Remover Pads & Liquids

HAIR CARE

Beauty Shampoo, Conditioner & Treatments

Beauty Conditioners

Beauty Hair Treatments

Beauty Shampoos

Men's Conditioners

Men's Shampoos

Mixed/Miscellaneous Beauty Shampoos, Conditioners & Hair Treatments

Children's Hair Care

Children's Conditioners

Children's Shampoos & Combination Products

Children's Styling Aids

Mixed/Miscellaneous Children's Hair Care

Hair Color

Mixed/Miscellaneous Hair Color

Permanent Hair Color

Semipermanent/Temporary Hair Color

Hair Growth

Hair Growth Shampoo & Conditioners

Hair Growth Treatments

Mixed/Miscellaneous Hair Growth

Styling Aids

Hair Sprays

Men's Styling Aids

Mixed/Miscellaneous Styling Aids

Mousses & Gels

Pomades & Waxes

Therapeutic Shampoo, Condition & Scalp Treatments

Mixed/Miscellaneous Therapeutic Shampoos, Conditioners, Hair & Scalp Treatments

Therapeutic Conditioners

Therapeutic Hair & Scalp Treatments

Therapeutic Shampoos

HEALTH SUPPORTS

Abdominal Supports & Rib Belts

Abdominal Supports

Mixed/Miscellaneous Abdominal Supports & Rib Belts

Rib Belts

Braces

Ankle & Foot

Elbow & Arm

Hand & Wrist
Joint Warmers & Arthritis
Knee
Mixed/Miscellaneous Braces
Thigh, Calf & Shin
Elastic Bandages & Athletic Treatments
Athletic Supports & Cups
Athletic Tape/Wraps
Elastic Bandages
Mixed/Miscellaneous Elastic Bandages & Athletic Treatments
Protective Guards
Hot/Cold Therapy
Electric Heating Pads
Hot/Cold Therapy
Mixed/Miscellaneous Hot/Cold Therapy
Orthopedic & Surgical Support
Arm Slings & Cervical Collars
Hernia Supports & Suspensories
Mixed/Miscellaneous Orthopedic & Surgical Support
Sacro & Back Braces
Shoulder & Clavicle Braces
HOME DIAGNOSTICS & PATIENT AIDS FOR DAILY LIVING
Home Diagnostics
Blood Pressure Kits & Accessories
Cholesterol Meters & Testing Kits
Drug & Alcohol Tests
Mixed/Miscellaneous Home Diagnostics/Tests
Pulse Oximeters & Heart Rate Monitors
Stethoscopes & Accessories
Thermometers, Fever Strips & Accessories
Patient Aids For Daily Living
Bathing & Oral Hygiene Aids
Eating & Drinking Aids
Grooming & Dressing Aids

Medical Alert IDs & Devices
Medicine Dosers, Pillboxes, Organizers & Reminders
Mixed/Miscellaneous Patient Aids For Daily Living
Mobility Safety: stair rails, stair treads, temporary mobility ramps
Night Lights
Reachers, Grippers & Lifts
Reading, Writing & Telephone Aids

HOME HEALTH CARE

Bathroom Safety

Bathtub & Toilet Rails & Frames
Bathtub Safety & Accessories
Elevated Toilet Seats & Accessories
Grab Bars & Handles
Hand Held Showers
Mixed/Miscellaneous Bathroom Safety
Sitz Baths & Bidets

Catheters

External Catheters
Foley Catheters - Latex
Foley Catheters - Red Rubber
Foley Catheters - Silicone
Foley Catheters - Teflon
Mixed/Miscellaneous Catheters
Self Catheters

Electrotherapy

EMS/NMS Devices
Mixed/Miscellaneous Electrotherapy
Ultrasound Devices

Mastectomy Products

Mastectomy Bras & Clothing
Mastectomy Prosthesis
Mixed/Miscellaneous Mastectomy Products

Medical Nutritional & IV Therapy

Bags, Tubes, Sets & Feeding Accessories
IV Catheters, Syringes, Needles & Supplies

IV Equipment, Stands & Accessories
IV Solutions
Medical Nutritionals
Mixed/Miscellaneous Medical Nutritional & IV Therapy
Pumps & Accessories
Medical/Surgical Supplies
Examination Room Supplies
Hand Cleaners & Sanitizers
Instruments & Cleaners
Labware & Accessories
Mixed/Miscellaneous Medical/Surgical
Professional Hospital Protective Garments
Sutures & Accessories
Orthopedic Aids
Cast Boots/Accessories & Post-Op Shoes
Joint Warmers
Mixed/Miscellaneous Orthopedic Aids
Orthopedic Footwear
Traction Equipment
Ostomy Care
Adhesive & Adhesive Removers
Deodorants & Odor Eliminators
Drainage Products
Irrigation Products
Karaya Products, Wafers & Barrier Rings
Mixed/Miscellaneous Ostomy Products (Excluding Pouches)
Ostomy Skin Care
Ostomy Pouches
Closed End Pouches
Drainable Pouches-One Piece
Drainable Pouches-Two Piece
Mini Pouches
Mixed/Miscellaneous Ostomy Pouches
Pediatric Pouches
Urostomy Pouches-One Piece
Urostomy Pouches-Two Piece

Patient Room Supplies

Bedding (Waterproof & Regular), Restraints, Gowns, Etc.
Commodes & Commode Parts
Hospital Bed Accessories
Manual & Electric Beds
Mixed/Miscellaneous Patient Room Supplies
Patient Lifting & Moving Aids (includes Lift Chairs, Trapeze Bars, Etc.)
Urinals & Bedpans

Physical & Cognitive Therapy

Cognitive Therapy (Activities, Games, Books etc.)
Continuous Passive Motion Machines
Hydrotherapy (Whirlpools, Foot Baths, Etc.)
Light Therapy (Infrared, S.A.D. etc.)
Massagers & Treatment Tables
Mixed/Miscellaneous Physical & Cognitive Therapy
Steam Packs, Hydrocollators & Cold Therapy Systems

Pressure Relief, Positioning & Support

Alternating Pressure Pads/Mattresses, Pumps & Accessories
Backrests, Seating & Posture Aids
Heel, Elbow, Foot & Ear Protectors
Mattress & Pillow Pads/Covers
Mattresses
Mixed/Miscellaneous Pressure Relief, Positioning & Support
Wedges & Pillows

Respiratory Therapy

Air Purifiers & Filters
Apnea Monitors
Aspirators & Suction Machines
Home & Portable Oxygen Supplies
IPPB, CPAP & BiPAP Machines & Accessories
Mixed/Miscellaneous Respiratory Therapy
Nebulizers
Tracheostomy Supplies

Specialized Orthopedic Braces/Support/Splints

Mixed/Miscellaneous Specialized Orthopedic Braces/Supports/Splints

Specialized Ankle & Foot Braces/Supports/Splints

Specialized Elbow & Arm Braces/Supports/Splints

Specialized Knee Hinged Braces/Supports/Splints

Specialized Knee Immobilizer Braces/Supports/Splints

Specialized Shoulder & Clavicle Braces/Supports/Splints

Specialized Thigh & Calf Braces/Supports/Splints

Specialized Wrist & Hand Braces/Supports/Splints

Urological Care

Catheter Care Trays

Catheter Lubricants

Collection Bags, Drain Bags & Leg Bags

Irrigation Trays, Supplies & Solutions

Mixed/Miscellaneous Urological Products

Tubing & Connectors

Vacuum Devices

Walking Aids

Canes

Canes for the Visually Impaired

Crutches

Forearm Crutches

Mixed/Miscellaneous Walking Aids

Quad Canes

Walkers & Rollators

Walking Aid Accessories

Wheelchair Accessories

Mixed/Miscellaneous Wheelchair Accessories

Wheelchair Belts & Straps

Wheelchair Cushions/Seats

Wheelchair Foot Rests

Wheelchair Leg Rests

Wheelchair Ramps & Lifts

Wheelchairs

Children's Wheelchairs

Extra Wide Wheelchairs
Hemi Wheelchairs
Lightweight & Heavyweight Wheelchairs
Mixed/Miscellaneous Wheelchairs
Narrow Wheelchairs
Recliner Wheelchairs
Standard Wheelchairs
Transport Wheelchairs

HOMEOPATHIC KITS & SINGLE REMEDIES

Homeopathic Kits & Single Remedies

Homeopathic Kits
Homeopathic Single Remedies
Mixed/Miscellaneous Homeopathic Kits & Single Remedies

HOUSEHOLD PRODUCTS

Air & Fabric Fresheners

Air Freshener Sprays & Other Forms
Air Scents Sprays/Solids/Gels
Disinfectants ONLY
Fabric & Carpet Fresheners
Scented Candles (Non-Giftware)

Cleaners & Waxes

Abrasive Cleaners
Bathroom Cleaners
Drain Cleaners
Floor, Furniture Waxes/Polishes & Rug Cleaners
Miscellaneous Cleaners & Waxes
Multi-Purpose Cleaners/Disinfectants
Oven Cleaners
Window Cleaners

Cleaning Tools & Accessories

Brooms, Mops & Accessories
Household Gloves
Mixed/Miscellaneous Cleaning Tools & Accessories
Sponges, Scrubbers, Brushes & Dusters

Dish & Laundry

After Laundry Products

Dishwashing Powders/Liquids

Laundry - Dryer Products

Laundry - Washer Products (Incl. Pre-Treatments)

Insecticides, Rodenticides & Pesticides

Insecticides, Rodenticides & Pesticides

Plastic, Foil & Paper Products

Bath Tissue

Disposable Napkins, Plates & Cups

Facial Tissue

Garbage Bags

Miscellaneous Plastic, Foil & Paper

Paper Towels

Plastic/Foil Wraps, Bags & Disposable Storage Containers

Premoistened Towels

INCONTINENCE**Disposable Incontinence**

Disposable Briefs & Undergarments

Disposable Pads, Shields, Guards & Drip Collectors

Disposable Underpads

Disposable Underwear

Mixed/Miscellaneous Disposable Incontinence

Incontinence Personal Care

Deodorizers

Mixed/Miscellaneous Incontinence Personal Care

Perineal - Only Antifungals

Perineal - Only Cleansers & Washes

Perineal - Only Moisturizers, Barriers & Protectants

Perineal - Only Wipes & Towelettes

Reusable Incontinence

Mixed/Miscellaneous Reusable Incontinence

Reusable Garments

Reusable Underpads

MULTI-CULTURAL BEAUTY CARE

Multi-Cultural Hair Care

Hair Color

Mixed/Miscellaneous Multi-Cultural Hair Care

Pomades, Hair Dressings & Styling Aids

Relaxers, Curl Kits & Perms

Shampoos & Conditioners

Sheens, Activators & Moisturizers

Multi-Cultural Skin Care

Creams, Lotions & Soaps

Mixed/Miscellaneous Multi-Cultural Skin Care

Shaving Needs

ORAL CARE

Breath Remedies

Breath Fresheners (Includes Strips)

Mixed/Miscellaneous Breath Remedies

Therapeutic Breath Treatments

Children's Oral Care

Children's Mouthwash & Oral Rinses

Children's Toothbrushes

Children's Toothpaste

Mixed/Miscellaneous Children's Oral Care

Denture Care

Denture Adhesives

Denture Cleaners & Accessories

Denture Repair & Pain Relief

Mixed/Miscellaneous Denture Care

Interdental, Floss & Gum Care

Dental Gum

Floss & Flossers

Gum Care

Interdental

Mixed/Miscellaneous Interdental, Floss & Gum Care

Mouthwash

Mixed/Miscellaneous Mouthwash

Mouthwash

Oral Remedies

Dry Mouth

Mixed/Miscellaneous Oral Remedies (Includes Fluoride Treatments)

Oral Pain Relief & Mouth Sores

Temporary Dental Repair

Toothbrushes

Battery Toothbrushes & Refills

Manual Toothbrushes

Mixed/Miscellaneous Toothbrushes & Accessories

Rechargeable Toothbrushes & Refills

Toothpaste & Treatments

Mixed/Miscellaneous Toothpaste & Treatments

Regular Toothpaste & Tooth Powder

Sensitive Toothpaste & Treatments

Whitening Strips & Treatments

Whitening Toothpaste

PAIN RELIEF

Children's Pain & Fever Relief

Children's Acetaminophen

Children's Ibuprofen

Mixed/Miscellaneous Children's Pain & Fever Relief

External Pain Relief

External Muscle/Joint Pain Relief Creams, Ointments & Gels

External Muscle/Joint Pain Relief Lotions, Liquids, Roll-Ons & Sprays

External Muscle/Joint Pain Relief Patches & Pads

Mixed/Miscellaneous External Pain Relief

TENS Units & Replacement Pads

Internal Pain Relief

Adult Acetaminophen

Adult Aspirin & Combinations

Adult Ibuprofen & Other Anti-Inflammatories

Adult Nighttime Pain Relief

Adult Specialty Pain Relief
Feminine Pain Relief
Mixed/Miscellaneous Internal Pain Relief
Sleep Aids & Stimulants
Mixed/Miscellaneous Sleep Aids & Stimulants
Sleep Aids & Sedatives
Stimulants
PATIENT SKIN CARE
Patient Cleansing & Bathing
Cleansers & Washes
Mixed/Miscellaneous Patient Cleansing & Bathing
Wipes & Towelettes
Patient Skin Support
Antifungals
Mixed/Miscellaneous Patient Skin Support
Moisturizers, Barriers & Protectants
PHYSICAL FITNESS & EXERCISE EQUIPMENT
Exercise Equipment
Mixed/Miscellaneous Exercise Equipment
Stationary Bikes
Steppers & Ellipticals
Treadmills
Physical Fitness
Balls/Stability Devices (Balls, Boards, Etc.)
Cardio (Aerobic Steps, Jump Ropes)
Foam Rollers/Massage Devices
Mixed/Miscellaneous Physical Fitness (Includes Yoga/Exercise Mats)
Pedometers & Fitness Trackers
Scales (Includes Body Fat Analyzers)
Strength/Range of Motion (Bands, Hand Exercisers, Etc.)
Weights

SEASONAL PRODUCTS

Dollar Items

General Merchandise Dollar Items

Grocery Dollar Items

Health & Beauty Care Dollar Items

Mixed/Miscellaneous Dollar Items

Insect Repellents

Insect Repellents

SHAVING & GROOMING

Men's Hair Care

Men's Hair Color

Men's Hair Preparations

Men's Manual Grooming Implements

Mixed/Miscellaneous Men's Hair Care

Men's Shaving, Hair Removal & Skin Care

Men's Aftershave & Skin Care

Men's Shaving & Hair Removal

Mixed/Miscellaneous Men's Shaving, Hair Removal & Skin Care

Razors & Refills

Men's Disposable Razors

Men's Razor Refills

Men's Reusable System Razors

Mixed/Miscellaneous Men's Razors & Refills

Women's Razors & Refills

Mixed/Miscellaneous Women's Razors & Refills

Women's Disposable Razors

Women's Razor Refills

Women's Reusable System Razors

Women's Shaving, Hair Removal & Bleaches

Mixed/Miscellaneous Women's Shaving, Hair Removal & Bleaches

Women's Body & Facial Bleaches

Women's Body & Facial Waxes

Women's Hair Removal & Skin Treatments

Women's Shaving & After-Shaving

SKIN CARE

Bath Products

After Bath Oil, Powder, Splashes & Mists

Bath Additives (Bubble Bath, Bath Foam, Bath Beads & Bath Salts)

Bath Gift Sets

Bath Sponges, Loofahs, Bath Pillows & Accessories

Exfoliating Body Scrubs (Salt, Sugar, Etc.)

Mixed/Miscellaneous Bath Products

Therapeutic Bath & After Bath

Cosmetic Puffs & Pads

Cosmetic Puffs & Pads

Mixed/Miscellaneous Cosmetic Puffs & Pads

Facial & Body Acne Medications

Acne Astringents & Toners

Acne Creams, Gels, Lotions & Patches

Acne Soaps & Cleansers

Mixed/Miscellaneous Facial & Body Acne Medications

Facial Cleansers

Astringents & Toners

Facial Cleansers & Scrubs

Facial Sponges

Make-up Removers

Mixed/Miscellaneous Facial Cleansers

Pore Strips & Masks

Facial Moisturizers & Treatments

Eye Treatments

Facial Moisturizers

Lip Treatments

Mixed/Miscellaneous Facial (Includes Firming, Resurfacing, Fading, Etc.)

Therapeutic Facial Treatments

Hand & Body Cleansing

Body Cleansing Liquids (Body Washes & Gels)

Hand & Body Cleansing Bars (Soap)

Hand Cleansing Liquids

Instant Hand Sanitizers
Mixed/Miscellaneous Hand & Body Cleansing (Towelettes, Foaming, etc)
Hand & Body Moisturizers & Treatments
Beauty Hand & Body Moisturizers
Mixed/Miscellaneous Hand & Body Treatments (Includes Firming, Resurfacing, Etc.)
Skin Novelties & Gift Sets
Therapeutic Hand & Body Moisturizers
Therapeutic Hand & Body Treatments
Medicated & Specialty Soaps
Medicated & Specialty Soaps
Mixed/Miscellaneous Medicated & Specialty Soaps
SMOKING DETERRENTS
Smoking Deterrents
Mixed/Miscellaneous Smoking Deterrents
Nicotine Gum & Lozenges
Nicotine Patches
SUN CARE
After Sun & Sun Accessories
After Sun
Mixed/Miscellaneous After Sun & Sun Accessories
Sun Protection
Children's Sun Protection
Mixed/Miscellaneous Sun Protection
Sport Sun Protection
Sun Care Lip Protection
Sun Protection (< SPF 50)
Sun Protection (SPF 50+)
Sun Tanning
Mixed/Miscellaneous Sun Tanning
Sun Tanning

VITAMINS & DIETARY SUPPLEMENTS

Children's Vitamins & Dietary Supplements

Children's Herbals

Children's Vitamins & Minerals

Mixed/Miscellaneous Children's Vitamins & Dietary Supplements

Herbals & Botanicals

Colon Cleanse & Detox (non-weight loss)

Echinacea

Garlic

Ginkgo Biloba

Ginseng

Mixed/Miscellaneous Herbals & Botanicals

St. John's Wort

Mineral Supplements

Calcium

Iron

Mixed/Miscellaneous Mineral Supplements

Multi-Minerals

Multivitamins

Eye Health Vitamins

Mixed/Miscellaneous Multivitamins

Multivitamins

Prenatal Vitamins

Single Entity Vitamins

Mixed/Miscellaneous Single Entity Vitamins

Vitamin B & Vitamin B Complex

Vitamin C

Vitamin D

Vitamin E

Specialty Supplements

CoQ10 Only (UBIQUINOL)

Enzymes, Amino Acids & Hormones

General Health Prebiotics & Probiotics

Heart Health & Essential Fatty Acids (Fish Oil, Flax, GLA, etc.)

Joint Health (incl. Glucosamine)

Menopause Support (Soy)

Mixed/Miscellaneous Specialty Supplements

WEIGHT MANAGEMENT & NUTRITIONAL FOODS

Diuretics & Weight Loss Cleansing & Detox

Diuretics

Mixed/Miscellaneous Diuretics & Weight Loss Cleansing & Detox

Weight Loss Cleansing & Detox

Nutritional Foods

General Health Oral Rehydration Therapy

Mixed/Miscellaneous Nutritional Foods

Nutritional Bars

Nutritional Liquids

Nutritional Powders

Thickeners & Pre-Thickened Beverages/Foods

Sport/Energy

Mixed/Miscellaneous Sport/Energy

Sport/Energy Bars

Sport/Energy Liquids

Sport/Energy Powders

Sport/Energy Tabs & Caps

Sugar & Salt Substitutes

Mixed/Miscellaneous Sugar & Salt Substitutes

Sugar & Salt Substitutes

Weight Management

Food Scales

Mixed/Miscellaneous Weight Management

Weight Management Bars

Weight Management Foods, Liquids & Powders

Weight Management Tabs & Caps

WETS & DRYS

Drys

Drys

Liquids

Liquids

Alignment Health Plan complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Alignment Health Plan does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Alignment Health Plan:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
 - Qualified sign language interpreters
 - Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provides free language services to people whose primary language is not English, such as:
 - Qualified interpreters
 - Information written in other languages

If you need these services, contact 1-866-634-2247

If you believe that Alignment Health Plan has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Compliance and Regulatory Affairs
1100 W. Town and Country Rd, Suite 1600
Orange, CA 92868
Phone: 1-844-215-2444, (TTY: 711)
Fax: 562-207-4621
Email: Compliance@ahcusa.com

You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, Compliance and Regulatory Affairs is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue SW.
Room 509F, HHH Building,
Washington, DC 20201
1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>

Alignment Health Plan is an HMO and an HMO SNP plan with a Medicare contract. Enrollment in Alignment Health Plan depends on contract renewal.

Spanish: ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-877-399-2247 (TTY: 711).

繁體中文 (Chinese): 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-866-634-2247 (TTY: 711)。

Հայերեն (Armenian): ՈՒՇԱԴՐՈՒԹՅՈՒՆ՝: Եթե խոսում եք հայերեն, ապա ձեզ անվճար կապող են տրամադրվել լեզվական օգնությունների ծառայություններ: Չանգահարեք 1-866-634-2247 (TTY (հեռատիպ)՝ 711):

ਪੰਜਾਬੀ (Punjabi): ਧਿਆਨ ਦਿਓ: ਜੇ ਤੁਸੀਂ ਪੰਜਾਬੀ ਬੋਲਦੇ ਹੋ, ਤਾਂ ਭਾਸ਼ਾ ਵਿੱਚ ਸਹਾਇਤਾ ਸੇਵਾ ਤੁਹਾਡੇ ਲਈ ਮੁਫਤ ਉਪਲਬਧ ਹੈ। 1-866-634-2247 (TTY: 711) 'ਤੇ ਕਾਲ ਕਰੋ।

ខ្មែរ (Cambodian, Mon-Khmer): ប្រយ័ត្ន៖ បើសិនជាអ្នកនិយាយ ភាសាខ្មែរ, សេវាជំនួយផ្នែកភាសា ដោយមិនគិតថ្លៃ គឺអាចមានសំរាប់អ្នក។ ចូរ ទូរស័ព្ទ 1-866-634-2247 (TTY: 711)។

Hmoob (Hmong): LUS CEEV: Yog tias koj hais lus Hmoob, cov kev pab txog lus, muaj kev pab dawb rau koj. Hu rau 1-866-634-2247 (TTY: 711).

हिंदी (Hindi): ध्यान दें: यदि आप हिंदी बोलते हैं तो आपके लिए मुफ्त में भाषा सहायता सेवाएं उपलब्ध हैं। 1-866-634-2247 (TTY: 711) पर कॉल करें।

ภาษาไทย (Thai): เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร 1-866-634-2247 (TTY: 711)

Tagalog (Tagalog – Filipino): PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-866-634-2247 (TTY: 711).

Tiếng Việt (Vietnamese): CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-866-634-2247 (TTY: 711).

한국어 (Korean): 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-866-634-2247 (TTY: 711). 번으로 전화해 주십시오.

Русский (Russian): ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-866-634-2247 (TTY: 711).

Arabic :

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل - 1-866-634-2247 هاتف الصم والبكم - (TTY: 711) برقم 1

日本語 (Japanese): 注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。1-866-634-2247 (TTY: 711) まで、お電話にてご連絡ください。

Farsi: : امش یارب ناگیار تروصب ینابز تالی هسرت ،دینک یم وگتفگ یراف نابز هب 1-866-634-2247 (TTY: 711). دشاب یم مهارف. دیریگب سامت اب.